

LEGACY

VOLLEYBALL CLUB

COVID-19 INFORMATION

LEGACY VOLLEYBALL CLUB *Community Effort*

Our goal during the COVID-19 Pandemic is to keep our athletes and staff safe! In order to do this, we are asking that our staff, athletes and families commit to a *Community Effort*. We are asking that everyone reads through the following information, understands our expectations as well as reports any known close contact or positive test with honesty and integrity. These policies are in place to protect our community and enable our teams and players to be on the court playing in 2021! We appreciate your discipline and diligence as we get through this together!

CLOSE CONTACT -

Someone who has had the following contact with a COVID-19 positive individual:

- Within 6 feet for a total of 15 minutes or more
- Provides care at home to someone who is sick with COVID-19
- Direct physical contact with the person (hugged or kissed them)
- Shared eating or drinking utensils
- Sneezed, coughed, or came in contact with the person's respiratory droplets

Athlete/Staff who has had a **POSITIVE PCR TEST FOR COVID-19** does not need to quarantine or get tested again for up to **3 MONTHS** (after date of test) if they remain symptom-free. *Must provide documentation of Positive PCR Test with date

COVID SYMPTOMS (from CDC)

Fever or Chills
Cough
Shortness of breath
Fatigue
Muscle/Body aches
Headache
Loss of smell/taste
Sore throat
Congestion or runny nose
Nausea or vomiting
Diarrhea

Any ATHLETE/STAFF that tests **POSITIVE FOR COVID-19** or has a **KNOWN CLOSE CONTACT** must notify a Legacy Volleyball Club Director within 24 hours.

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COVID-19 FLOW CHART

