

COVID-19 RULES AND PROCEDURES



BEFORE LEAVING YOUR HOME:

1. Register for your session and sign Waiver.
2. Conduct a self assessment and fill out SELF ASSESSMENT FORM within 1 hour of your scheduled start time. Do not come if you or your child are exhibiting symptoms or have been exposed to COVID-19.

Symptoms include:

- Cough
- Difficulty breathing
- Fever (100.5 or above)
- Chills
- Chills
- Sore throat
- Loss of taste or smell

3. Pack extra water bottles and bring plenty of water. **Our drinking fountains will be turned off.**

UPON ARRIVAL AT LEGACY:

1. Do not arrive or exit your car more than 10 minutes before your scheduled start time.
2. Be dressed and ready to go BEFORE exiting the car! We do not want athletes changing, getting dressed, etc inside the facility.
3. **ONLY THE ATHLETES** are permitted to enter the facility. Parents must remain in their car. They can wait in the parking lot, or leave and return on time for pickup.
4. Upon entering building, Athletes **must** use Hand Sanitizer to clean their hands.
5. While not playing/on the court, we strongly encourage everyone to wear a face mask.
6. Follow signage to enter and safely navigate the facility.

LOBBY, OFFICES & KITCHEN will be closed to athletes.

BATHROOMS:

- Shared restroom will be open for **EMERGENCY USE.**
- Athletes are encouraged to use the private restroom inside the gym.

7. The gym will have X's on the floor to designate where athletes can sit and place their bags. One athlete per X. Siblings are permitted to sit together.

ALL ATHLETES MUST CHECK IN WITH COACH BEFORE ENTERING THE FACILITY

- ☑ Take TEMPERATURE with Infrared thermometers
If temperature is above 100.5, athlete will be sent home immediately
- ☑ Confirm the SELF ASSESSMENT FORM was submitted.
If not submitted before entering the building, the athlete will be sent home immediately.
- ☑ Confirm the WAIVER was submitted.
If not submitted before entering the building, the athlete will be sent home immediately.
- ☑ Coach will send athlete to assigned court. Athletes should stay on assigned court for entire session.

7. Remain socially distant. Everyone must remain 6 feet apart to the maximum extent possible.

8. Do not share ANYTHING with other athletes. For example: water bottles, hair ties, phones, etc.

DURING YOUR SESSION:

1. No contact or high fives
2. Stay on your designated court
3. Water fountains are closed. Athletes can only drink out of their personal water bottles.
4. Listen closely to coach and staff instructions

LEAVING LEGACY:

1. All athletes will use hand sanitizer after leaving the court.
The Court and Volleyballs will be sanitized using a UV Sterilaser Light.
2. Athletes will have 10 minutes to gather all belongings and exit the gym through the door inside the gym (follow signs).
3. There will be no lost and found. Anything left at the gym will be disposed of immediately.
4. Once home, shower immediately, wash your clothes and water bottles.